

Service Intro

Pivot Point's Behaviour Intervention Services support children and youth from 18 months to 18 years with home and community-based, individualized, evidence-based interventions. Our more intensive 1:1 ABA Therapeutic Intervention Service is designed for a focused 1 year period, helping children and teens achieve specific, concrete goals while promoting learning, independence, and self-regulation in areas such as:

- Early communication, social engagement, and foundational skills (18 months - 2 years)
- Behaviour support and self-regulation
- Social skills, play, and choice-making
- Communication and language development
- Daily living skills: Dressing, Hygiene & Self-Care
- Life skills: Cooking, Chores & Routines
- Employment Skills (Teens)
- Caregiver Support

Pivot Point believes the family is at the centre of our service delivery. As such we follow a Person Centered Planning philosophy when identifying goals for the learner. This means we follow the goals and priorities of each learner and their family and customize our services to reflect each family's circumstances.

All of our services are tailored to each individual; starting, pausing and ending as goals of service are reached, or individualized funding is exhausted.

Our Clients Are

- 18 months to 18 years of age who have complex learning needs, challenging behaviours that require 1-1 attention, or who seek a more intensive and individualized service.
- Individuals with a diagnosis of ASD, FASD or Down Syndrome; though learners with any Diverse Ability or Learning Disability can thrive in this service approach.
- This program may also be of substantial benefit to individuals recovering from an acquired brain injury (regardless of age).

Pivot Point's Approach

We start by building a care team around the individual and family. Typically, this involves a Registered Behaviour Analyst, a Program Assistant and a Behaviour Interventionist.

We begin with an assessment completed by our Registered Behaviour Analysts assigned to the team. This helps us identify goals and discover which teaching approaches are most likely to be effective for the family and learner. The assessment also ensures that interventions are tailored to the child's strengths, needs, and family priorities.

Next, our Behaviour Interventionists provide intensive support through weekly sessions bringing teaching materials, practice activities, data collection, and rewarding experiences into each session.

Data collection is important to our service approach because it helps the family and clinicians to understand which teaching approaches are working (or not) and why. This data is collected during each session and shared with the family and care team. It is also used to adjust goals, celebrate progress, and ensure that every intervention is as effective and relevant as possible.



"We love having a clear plan, and knowing exactly how we can be a part of our child's learning and growth!"

A Typical Session

- A typical session is between 1.5 and 2.5 hours in length and held in the family home, agency office, or community settings.
- Sessions can be delivered any day of the week and most hours of the day, as needed.
- Sessions include teaching and practice of the identified skills. Reinforcement of the practice is a critical aspect of learning as positive reinforcement encourages learners to “keep trying” even when skills seem tough!
- Positive reinforcement varies between learners as it is very personal - what one person finds reinforcing, may not be reinforcing to another!
- Praise and other social reinforcers are encouraged, however, some learners may require primary reinforcers such as food items.

The Family's Role

Once a child learns a new skill, it is important that they are able to perform that skill with multiple people, in slightly different circumstances, with different materials, and in some cases, to be able to vary the response. This is why families are taught how to practice and maintain the new behaviors and skills their children are learning. Generalization is so important!

Families who practice new skills when the Behaviour Interventionist is not present see the strongest learning gains in their children and teens. Your Behaviour Interventionist and Registered Behavior Analyst will support you every step of the way! It is crucial for parents and caregivers to create diverse scenarios for skill application, ensuring that the learned behaviors can be effectively transferred to various real-life situations.

By incorporating these varied practice opportunities, children can enhance their adaptability and proficiency in applying acquired skills across different contexts.

How To Get Started

1. If you are already a client family, receiving services for another family member, contact your Program Assistant to ask about adding 1-1 Behaviour Intervention Services for a child or youth in your home.
2. If you are not yet a client, the best way to start is to complete our online form at <http://ontario.pivotpoint.ca/request-a-meeting/>. This is a confidential way to share your contact information, so that our Regional Manager in your community can connect with you within 24 to 48 hours.

We will work with you to schedule a time to meet for a free no-obligation information session: a 1-hour meeting that lets you explore the suitability of our services in more detail so you fully understand how to begin 1-1 Behaviour Intervention Services for your child or teen. Please note that fees are individualized and will be discussed at the information session.

- Many families utilise Ontario Autism Program funding to pay for all or most sessions.
- Many other parents choose to pay privately for additional sessions once services are set up. This helps extend the range and intensity of treatment throughout the year.



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