

Counsellor (Psychotherapist) - Job Posting

Position Title: Counsellor (Psychotherapist)

Position Type: Part-time (0-10 hours per week)

Wage: Competitive wages start between **\$47 - \$55** per hour based on professional experience, education, and personality qualities.

Posting Summary:

Pivot Point's Mental Health Program offers "Counselling by Consultation," an innovative and evidence-informed approach that expands the reach of Clinical Counsellors by involving a broader network of support. Instead of relying solely on direct counselling, this model integrates caregivers, internal team members, and external professionals into the therapeutic process.

Counsellors (Psychotherapists) are professionals who have been trained and are qualified to provide psychotherapy and other counselling and Mental Health services with individuals, families, and groups. Clinical Counsellors treat behavioural, cognitive, emotional and family based problems and disorders.

The main goal of Pivot Point's Counsellors is to use counselling strategies, and/or to oversee the progress and development of their clients, to help people live a more satisfying and effective life. This work typically involves identifying a small set of client chosen goals, finding potential solutions and strategies to reach those goals, then walking that path together, or overseeing others as they implement those strategies with the client family.

Are **YOU** ready to provide clinical counselling to clients (youth, teens, and adults either in-person or through video conferencing)?

Can **YOU** provide clinical case-management and oversight in situations where it is appropriate to delegate Mental Health and other skill building strategies to others (such as parents, clients, or FSW's or frontline staff members), while ensuring effective support through consultation?

Can **YOU** act as a liaison between client and the organization, or community members as needed by providing consultation and support to agency staff, families, and others regarding ways to support the client, to the level appropriate and authorized by the client?

Can **YOU** remain aware of current literature and trends in the mental health field, and keep one's professional designations in good standing?

Duties and Responsibilities

- To work with the Mental Health Program Manager to help set and accomplish long and short-term goals towards the advancement of Pivot Point's Mental Health services throughout Ontario, while working as part of an interdisciplinary team to ensure coordinated, holistic client care.
- Provide intake related "Information Calls" to prospective clients seeking services, to help determine suitability of fit between needs and services.
- Provide case management services from intake through discharge, ensuring coordination of care, adherence to agency and accreditation standards, and contribution to overall quality assurance and service excellence.
- Provide supervision and guidance to frontline staff when clinical expertise is delivered through frontline implementation, our "Counselling through Consultation" model.
- Conduct initial assessments, set goals, monitor data and design Care Plans.
- Utilize agency approved diagnostic assessment procedures and psychometric methods to facilitate evidence-based treatment planning, and to monitor the efficacy of treatment per case throughout the course of treatment, as needed.
- Implement Pivot Point's "Counselling by Consultation" model by offering clinical guidance to parents, internal staff (e.g., Family Support Workers), and external professionals, ensuring consistent and effective implementation of support strategies.
- Maintain accurate and timely clinical documentation, and share appropriate therapeutic resources with clients and their support networks to support treatment goals.
- Provide consultation and liaison support to families, agency staff, and community partners, within the scope of client consent and clinical appropriateness.
- Ensure all clinical work is within the practitioner's scope of training and experience, and consult with supervisors or peers when needed.
- Stay current with developments in the mental health field and maintain all relevant professional designations in good standing.

Qualifications

- Master's Degree in counselling or counselling related discipline from an accredited university.
- Registered with the College of Registered Psychotherapists of Ontario (CRPO).
- Strong clinical counselling skills, ideally with a strong background in conditions usually first diagnosed in childhood, including developmental disabilities and their impact on family.
- Proven organizational skills in managing client caseloads
- Excellent and effective verbal and written communication skills
- Advanced people management skills.
- Able to work autonomously, yet within the scope of an accredited agency and under the supervision of another clinician.

- Well versed in conducting assessments, draft treatment plans, then oversee the work of others who implement those plans.

You MUST be able to provide the following:

- A clear Criminal Record Check (VSC)
- Willingness to obtain Emergency First Aid and Safety Management training.
- Accept that hours of work may not always be within normal office working hours (including weekends and evenings).
- Have a reliable vehicle and a valid Driver's License with a clean driving record (Driver's Abstract will be required)

Working Conditions

- This is a hybrid position to work out of our centre in Milton (60% of the time) and requires you to have a functioning laptop and a reliable internet connection if working from home.
- Counsellors are responsible for covering the cost of their own home-office supplies.
- Counsellors manage their own work schedules. Hours of work may not always be within normal office working hours (including weekends and evenings).
- Willingness to follow safety protocols, including de-escalation techniques, regular team check-ins, and Safety Management training.
- If working in person, there is potential for exposure to verbal aggression (e.g., swearing) or physical aggression, which could result in injury.
- Commitment to maintaining good mental health hygiene as part of a healthy and balanced approach to work. This includes managing stress, seeking support when needed, and engaging in self-care practices to support personal well-being and job performance. The organization provides resources and support to help staff maintain their mental and emotional health to ensure a positive and supportive work environment.

Why join the Pivot Point team?

Pivot Point specializes in ***intensive therapeutic interventions*** for children, teens and adults with Autism and other diverse abilities. This might be YOUR opportunity to join a comprehensive clinical team in your community, so you can move YOUR career to the next level.

If you have a passion for helping individuals live their best life, join Pivot Point so we can work together to create positive change!

To apply, please visit <https://ontario.pivotpoint.ca/apply-now/> to upload your resume and submit an application.